



**Western Cape
Government**

Social Development



SUBSTANCE ABUSE DIRECTORY

CONTENTS

Service Delivery Area Contact Numbers	3
Introduction	4
Government Centres Offering Free Treatment	5
Cape Winelands	6 - 7
Eden Karoo	8
Metro East	8 - 9
Metro North	10 - 12
Metro South	12 - 15
West Coast	16
City of Cape Town - Matrix Site	17 - 18

Service Delivery Area Contact Numbers

Region	Areas Covered	
<p>WEST COAST TEL: 022 - 713 2272</p>	<ul style="list-style-type: none"> • Berg River (Piketberg) • Cedarberg (Clanwilliam) 	<ul style="list-style-type: none"> • Matzikama (Vredendal) • Saldanha (Vredenburg)
<p>CAPE WINELANDS TEL: 023 - 348 5300</p>	<ul style="list-style-type: none"> • Breede River • Breede Valley (Worcester) • Cape Agulhas (Bredasdorp) • Drakenstein (Paarl) • Overstrand (Hermanus) 	<ul style="list-style-type: none"> • Stellenbosch • Swellendam • Theewaterskloof (Caledon) • Winelands (Robertson) • Witzenberg (Ceres)
<p>EDEN KAROO TEL: 081 588 9118</p>	<ul style="list-style-type: none"> • Beaufort-Wes • Bito (Plettenberg Bay) • George • Hessequa (Riverdale) • Kannaland (Ladysmith/Calitzdorp) 	<ul style="list-style-type: none"> • Knysna • Laingsburg • Mossel Bay (Mosselbaai) • Oudtshoorn • Prince Albert
<p>METRO NORTH TEL: 021 - 483 7689</p>	<ul style="list-style-type: none"> • Atlantis • Bellville • Cape Town • Delft 	<ul style="list-style-type: none"> • Elsiesriver (Elsiesrivier/Goodwood) • Langa • Milnerton
<p>METRO EAST TEL: 021 - 360 4200</p>	<ul style="list-style-type: none"> • Eerste River • Khayelitsha 1 • Khayelitsha 2 	<ul style="list-style-type: none"> • Khayelitsha 3 • Kraaifontein • Somerset West
<p>METRO SOUTH TEL: 021 - 763 6200</p>	<ul style="list-style-type: none"> • Athlone • Gugulethu • Phillippi • Mitchells Plain 1 	<ul style="list-style-type: none"> • Mitchells Plain2 • Wynberg • Retreat • Fish Hoek

INTRODUCTION:

You can get help with problems caused by the harmful use of drugs and alcohol. There are different types of services available to the public, depending on the kind of problems experienced by you or the person you are seeking help for. This is a guide to some of the options that are available to help you.

HELP IS AVAILABLE:

For assistance with overcoming addiction or harmful drug and alcohol use, you can contact any one of our offices or service providers listed in this booklet. If you have access to medical aid and the financial resources for private treatment, you can access a range of private psychiatrists and psychologists through any of the private treatment centres in the province. Make sure that the treatment centre you approach is registered with the Provincial Department of Social Development. Registered centres are those which meet treatment standards required by government.

TREATMENT OPTIONS:

WHAT IS IN-PATIENT TREATMENT?

In-patient service means a residential treatment service provided at a treatment centre.

WHAT IS COMMUNITY BASED (OUTPATIENT) TREATMENT?

It is a service to a person(s) who is engaging in harmful drug and alcohol use and to the people who are adversely affected by his/her behaviour. This type of treatment involves attending regular sessions at a community based treatment centre.

COSTING:

Although certain facilities render services without any cost implications to the client e.g. government treatment centres and government subsidized treatment centres you are encouraged to enquire from the required facility if there are any costs.

GOVERNMENT CENTRES OFFERING FREE TREATMENT

Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
<p>De Novo Treatment Centre Tel: 021 - 988 1138/9 Fax: 021 988 0426</p>	<p>Old Paarl Road, Kraaifontein Ms C. Fledemaus Email: Cflederm@Western-cape.gov.za</p>	<p>Inpatient Treatment Centre</p>
<p>Kensington Treatment Centre (Women only Centre) Tel: 021 511 9169/021 510 1735 Cell: 083 275 9574 Fax: 021 510 1057</p>	<p>Kensington Road, Maitland Ms F. Davids Email: fayruz@kensigntontc.org.za</p>	<p>Inpatient Treatment Centre</p>
<p>Stikland Hospital: Alcohol Rehab Tel: (021) 940 4496 Fax: (021) 940 4430</p>	<p>Ward 13, Stikland Hospital, De la Haye Avenue, Stikland</p>	<p>Inpatient treatment</p>

CAPE WINELANDS		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Toevlug Treatment Centre Tel: (023) 342 1162 Fax: 086 716 8875	40 Noble Street, Riverview, Worcester Theresa Rossouw Email: trossouw@toevlug.org	Inpatient Treatment Centre
Hesketh King Salvation Army Tel: (021) 884 4600 Fax: (021) 884 4602	Cnr Old Paarl and Klipheuwel Road Muldersvlei Major Allister Wood Email: hking@mweb.co.za	Inpatient Treatment Centre
SANCA Paarl Tel: (021) 872 9671 Fax: (021) 872 5050	JF Phillips Building, 1st Floor, 34 Lady Grey Street, Paarl David Foster Email: paarl@sancawc.co.za	Community (Outpatient) Based Treatment & After-care
ABBA Tel: (021) 883 8030 Fax: (021) 883 8095	Old Luckhoff Building Banhoek Road, Stellenbosch Muriel Koopstad, Lisette Muller Email: abba@adept.co.za	Early Intervention

CAPE WINELANDS

Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
FASFACTS Tel: (023) 342 700 Fax: (023) 342 7001	1 Baring Street, Worcester Franscois Grobelaar Email: francois@fasfacts.org.za	Awareness/ Prevention and Early Intervention
Hawston Health and Welfare Tel: (028) 315 2527 Fax: (028) 315 2074	169 Church Street, Hawston Julia Johnson Email: overstrandcarecentre@telkomsa.net	Early Intervention
Prestige Ignite Tel: (021) 854 3183 Cell: 083 206 1043/ 083 531 4378 Fax: N/A	38 Leipoldt Street, Strand Johanna De Waal Email: Johannadewaal@gmail.com/liezel@mesuresa.co.za	Early Intervention
RIET - Rural Institute for Education Training Tel: (021) 859 5361 Cell: 086 694 8938	13 U Save Building, Gaffley Street, Pineview, Grabouw Mr Ivan Kortjie Email: rietchild@telkomsa.net	Early Intervention

EDEN KAROO		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Knysna Alcohol and Drug Centre Tel: (044) 382 5260 Fax: (044) 382 1063	6 Green Street, Knysna Marshall Laminie Email: info@kadc.co.za	Early Intervention
SANCA George Tel: (044) 884 0674 Fax: 086 216 8301	2 Doneraile Street, George Denise de Beer Email: ddebeer@sanca-george.org.za	Early Intervention; Community (Outpatient) Based Treatment; & Aftercare
Creating Effective Families Tel: (044) 693 1092 Fax: 086 532 7582	Alhof Street, D'Almeida Street, Mossel Bay J.C. Karin Gildenhuys Email: cefmb@absa-mail.co.za	Aftercare

METRO EAST		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
The Mudita Foundation Tel: 084 857 0450 Fax: 086 540 1239	Malibu High School, Chartres Crescent, Malibu Village, Blue Downs Alison Carstens Email: Themuditafoundation@gmail.com	Community (Outpatient) Based Treatment

METRO EAST		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Helderberg Cares Tel: (021) 850 0792 Fax: 086 725 1499	Office 201, Victoria Centre, Victoria Street, Somerset West Charleen Galaway-Bennett Email: admin@smart-sa.org	Community (Outpatient) Based Treat- ment
Help Me Network Tel: (028) 851 4234 Fax: 086 684 2018	13 Twin Oaks Centre, Main Road, Somerset West Gerard R Thomas Email: sput@africa.com	Community (Outpatient) Based Treat- ment & Early Intervention
SANCA Khayelitsha Tel: (021) 364 6131 Fax: (021) 364 5510	Catholic Welfare Centre, E505 Scott Street, Khayelit- sha David Fourie Email: Khayelitsha@san- cawc.co.za	Early interven- tion
Nkosinathi Embrace All Centre Cell: 083 876 3392 Fax: N/A	Cnr of Bonca & Sulani Drive Nonqubela Site B Hall, Khayelitsha Mandisa Linganiso Email: embraceallcentre@ gmail.com	Early interven- tion
Ikamva Tel: (028) 384 2144 Cell: 072 453 8065 Fax: (028) 384 2144	33 Viooltjie Street, Blom- park, Gansbaai Jolanda Sauls Email: Ikamva1@telkomsa. net	Early interven- tion

METRO NORTH		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Cape Town Drug Counselling Centre Tel: (021) 447 8026 Fax: (021) 447 8818	1 Roman Road, Observatory Ashley Potts Email: ashley@drugcentre.org.za	Early Intervention; Community (Outpatient) Based Treatment & After-care
SANCA Tygerberg Tel: (021) 945 2099 or (021) 945 2103 Fax: (021) 945 2098	3 2nd Avenue Boston, Bellville Trixie Pereira Email: sanca@sancawc.co.za; Trixie@sancawc.co.za;	Early Intervention; Community (Outpatient) Based Treatment & After-care
PASCAP TRUST Tel: (021) 422 5588 Fax: 086 617 1378	68 Wale Street, Cape Town Shabaana Osman Email: info@pascap.org.za or shabaana@pascap.org.za	Early Intervention & Community (Outpatient) Based Treatment
Community Outreach Organisation Tel: (021) 593 3484	Kensington Civic Centre, Cnr of Walrus & Avro Avenue, Kensington Mariam Oliver Email: moliver.coo@gmail.co.za	Early Intervention

METRO NORTH		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Christian Action for Dependence Tel: (021) 930 4472 Fax: 086 566 5066	54 Toner Street, Parow Kobus Pienaar Email: cad@ramot.co.za	Aftercare service
Sultan Bahu Tel: (021) 694 9874 Fax: (021) 694 9834	Central Park Primary Juniper Street, Bonteheuwel Shafiek Davids Email: bahuct@yahoo.com	Community (Outpatient) Based Treatment & Aftercare
Hope House Counseling Centre Tel: (021) 701 9742 Cell: 084 58 7298	6 Long Street, Kuilsriver Judy Strickland Email: Judy.hopehouse@gmail.com	Community (Outpatient) Based Treatment: Adolescence & Adults
Equilibrium Tel: (021) 931 7745 Cell: 072 590 3887 Fax: (021) 931 7745	9 Lower Balvenie Avenue Matroosfontein Yolanda Groep Email: equilibriumcentre145@gmail.com	Early Intervention & aftercare
SANCA Atlantis Tel: (021) 572 7461 Fax: (021) 572 8743	1 Dollie Centre, 93 Ardennes Street Beacon Hill, Atlantis Samantha Noorman Email: atlantis@sancawc.co.za	Early Intervention & Community (Outpatient) Based Treatment

METRO NORTH		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
RAMOT Tel: (021) 939 2033 Fax: (021) 930 3123	54 Toner Street, Parow Lettie Visser Email: hoot@ramot.co.za	Inpatient

METRO SOUTH		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
False Bay Therapeutic Community Centre Tel: (021) 782 6242 Fax: 086 620 5826	1 Second Avenue, Fish Hoek Reza Arieff Email: faslbayfc@telkomsa.net	Inpatient treatment services
Cape Town Drug Counselling Centre Tel: (021) 397 01103 Fax: 086 620 5826	1 Civet Street, Estridge, Mitchells Plain Ashley Pots Email: ashley@drugcentre.org.za	Community (Outpatient) Based Treatment
Sultan Bahu Centre Tel: (021) 690 8042 Fax: (021) 691 7900	Hanover Park Shafiek Davids Email: bahuct@yahoo.com	Community (Outpatient) Based Treatment & After-care

METRO SOUTH		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
SANCA Gugulethu Cell: 072 088 3165 Fax: (021) 633 0671	Masikhanye Isibane, NY1, Gugulethu Nancy Nombeko Email: gugulethu@sancawc.co.za	Early Intervention & Community (Outpatient) Based Treatment (available on Wednesday and Thursday only) appointment based
Siyakuyenza Tel: (021) 374 0800 or (021) 371 8189 Fax: 086 548 6098	C/O Eisieben & Mpu-melelo road, Phillippi Nontembiso Mevana Email: sizakuyenza.new@gmail.com or gershwick@telkomsa.net	Early intervention
SANCA (Athlone) Tel: (021) 638 5116 or (021) 638 5181 Fax: (021) 637 2832	Child Welfare Offices 157 Lower Kilpfontein Road, Athlone David Fourie Email: david@sancawc.co.za	Community (Outpatient) Based Treatment & early intervention, outpatient treatment, aftercare and reintegration
Realistic Tel: (021) 633 1800 Fax: (021) 633 4971	Shop 9, NY 6, Gugulethu NS Madikane Email: solomon-madikane@gmail.com	Early intervention and aftercare

METRO SOUTH		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Hope Again Recovery Home Tel: (021) 371 7323 Fax: 086 659 3824	Mount Hope KLCC, Cnr of Ajax @ Arlemis Roads, Woodlands, Mitchells Plain Colleen Herman Email: hermancolleen@gmail.com or secretary@mounthope.co.za	Aftercare
FAVOR SA - Faces & Voices of Recovery South Africa Tel: (021) 534 4426 Cell: 082 466 7713/ 082 427 7297 Fax: 086 626 2916	Community Health Clinic, Karbonkel Road, Hout Bay Jurgens Smit Email: Jurgens@favor.org.za	Community (Outpatient) Based Treatment Centre
Saltan Bahu Centre Mitchells Plain Tel:(021) 372 2945 Fax: (021) 372 1838	92 Shepherd Way, Westridge, Mitchells Plain Shafiek Davids Email: bahuct@yahoo.com	Community Based (outpatient) Treatment, Aftercare & Opiate Substitution Therapy

METRO SOUTH		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Early Years Service Tel: (021) 637 8700	335A Kilfontein Road, Athlone Avril Cupido Email: avril@earlyyearservices.co.za	Awareness and prevention
Living Hope Tel: (021) 788 9702 Fax: (021) 788 6677	171-173 Main Road, Muizenberg Peter Lovick Email: lgmanager@livinghope.co.za	Community (Out-patient) Based Treatment
SANCA Mitchells Plain Tel: (021) 397 2197	11 Daphne Crescent , Eastridge, Mitchells Plain David Fourie Email: mitchellsplain@sancawc.gov.za	Early Intervention
Saartjie Baartman Centre for Women and Children Tel: +27 21 633 5287 Cell: +83 324 9230	Klipfontein Road, Athlone, Cape Town Shaheema Mcleod E-mail: shaheema@womenscentre.co.za / mcleod.shaheema@gmail.com	Inpatient Treatment

WEST COAST		
Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
Rural Impact Tel: 082 614 0232 Fax: (027) 432 1870	7 Fransman Street, Lamberts Bay Andries Blankenberg Email: andriesbl@telkomsa.net	Early Intervention
Matzikama Alcohol & Drug Action Tel:(027) 213 3270 Fax: (027) 213 3270	Meehof Street Vredendal North Mr Jan Fortuin Email: madamatzi@telkomsa.net	Early Intervention and aftercare
Foundation for Alcohol Related Research (FARR) Tel: (021) 685 2646 Fax: (021) 685 7034	Unit 5, Amber Place, 42 Bloemhof Street, Bellville, 7435 Leana Oliver Email: lo@farrsa.org.za	Awareness & Prevention
Keep the Dream Tel:L (027) 217 1144 Fax: 086 685 8314	Up to Date Farm, Lot 30, Lutzville Ina Jooste Email: keepthedream@gmail.com	Inpatient Treatment Centre
ACVV Tel: (022) 433 1477	22 Retief Street, Moorburg Wilma Hanekom Email: acvmburg@telkomsa.net	Early intervention

CITY OF CAPE TOWN - MATRIX SITES

Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
<p>Tafelsig Matrix Site Tel: 021444 2024/5/6 Email: matrix@cape-town.gov.za</p>	<p>Tafelsig Community Health Centre, cnr of Kilimanjaro & Pyreneze Str Tafelsig, Mitchells Plain Sadika Barodeen and Zakia Arend</p>	<p>Outpatient Treatment Centre</p>
<p>Albow Matrix Site Tel: 201 444 5963/4 Email: matrix@cape-town.gov.za</p>	<p>Albow Gardens Community Health Centre Koeberg Road, Brooklyn</p>	<p>Outpatient Treatment Centre</p>
<p>Delft South Matrix Site Tel: 021 444 8444/5/6 Email: matrix@cape-town.gov.za</p>	<p>Delft South Clinic cnr Boyce Street and Delft main Rd, Delft South Samba Chiseya</p>	<p>Outpatient Treatment Centre</p>
<p>Khayelitsha Matrix Site Tel: 021 444 2919/20/21 Email: matrix@cape-town.gov.za</p>	<p>Town 2 Community Health Centre Cnr Japhta Masemola & Charles Mokoena Street, Town 2, Khayelitsha Monwabizi Mbandazayo</p>	<p>Outpatient Treatment Centre</p>

CITY OF CAPE TOWN - MATRIX SITES

Name and Numbers of Treatment Centre	Address, Contact Person and Email Address	Intervention Level
<p>Parkwood Matrix Site Tel: 021 705 0074/0103 Email: matrix@cape-town.gov.za</p>	<p>Parkwood Clinic Cnr Parkwood Ave & Walmer Road, Parkwood Sadia Kassiem</p>	<p>Outpatient Treatment Centre</p>
<p>Ruimte Road Matrix Site Tel: 021 637 3984 Email: matrix@cape-town.gov.za</p>	<p>Manenberg Ruimte Road Satellite Clinic Ruimte Road, Manenberg Sharee Huysamen</p>	<p>Outpatient Treatment Centre</p>

Department of Social Development

Street Address: Union House, 14 Queen Victoria Street,
Cape Town, 8001
Telephone: 021 - 483 5045

DSD Hotline: 0800 220 250



**Western Cape
Government**

Social Development